



Act II Community Newsletter

A Ministry for the 55+ Crowd
September, 2015

Act II is a pathway for couples and singles to gather together in faith.
We hope you join us.

Fall of 2015 Emphasis "Act II In Action"

*"Our faith accompanied by deeds."
Join fellow Act II Disciples to
FOCUS ON SERVICE*

Check out this opportunities in September



**Fridays mornings in September
11th, 18th, & 25th**

**Helping Hands at FUMCWP,
Wesleyan Room 203, 10:00am-12:00 noon**

Do you enjoy crafting and projects? Choose the days you would like to come and then choose the project that interests you.

Questions: Call Janet Hays: 407-644-2906 x 257

**Saturday, September 12
Bicycle Blessings
South Street Campus, 2113 E South St.**

8:30-10:30 am

You can be outdoors and help others at the same time. We need men, women, and children to wash bikes, put air in tires, change tires and tubes, adjust brakes, and organize workshop shelves and bikes.

Questions: Call Jack Hays: 321-228-1318

**Tuesdays in September****Dessert Team in the MFLC Kitchen (time TBD)**

Make yummy desserts and sugar free options to be offered at special gatherings. Contact Chef Randy Parsons for details: 407-644-2906 x 240 or

randyp@fumcwp.org

**Friday, September 25****Food Distribution Tuskawilla UMC**

3925 Red Bug Lake Rd, Casselberry

2:00-5:00pm

You can help local families fill their buggies with items that are in stock that particular day. Contact: Anita Williams if you would like to help:

alwilliams5555@gmail.com

Watch for upcoming monthly Act II Service Focus opportunities.

All events for couples and singles

Also in September...

**First Friday Breakfast Club**

September 4th, 8:45am

Canopy Café

240 N. Pennsylvania Ave. (between Canton and Morse)

Put it on your calendar and meet up with the Act II gang. Upcoming dates for the First Friday Club: Oct. 2, Nov. 6, and Dec. 4

Couples and singles together

Wellness Initiative

Thurs. September 17th

Fellowship Hall

Topic for the September meeting will be "*Hospice - More Than the Last Week of Life.*" Carol Rumbley, Community Relations Director for Cornerstone Hospice will discuss the services available and the guidelines for hospice and palliative care. Being informed can aid in having this support for its maximum benefits.



Gathering and fellowship begins at 10:00 with program from 10:30 - 11:30 and light lunch for those with reservation at 11:30 for suggested donation \$6. Reserve a lunch at [Wellness Initiative Lunch](#)

Couples and singles together

Wed. Lunch and Learn "Time of Your Life"

September 2, 9, 16, 23, & 30 11:45am - 1pm
MFLC Room 316

Time is our most valuable asset. We wear watches, we glance at the clock so we don't lose track of time. Yet there is something more important than knowing what time it is it's knowing *what to do with our time.* What does God want us to do?



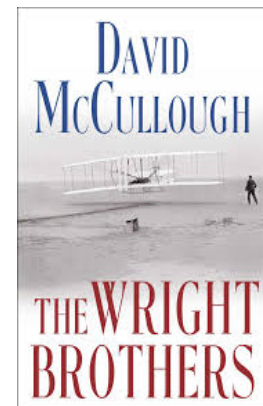
Join us for this five week discussion using the video series by Andy Stanley, pastor of North Point Church in Atlanta. Facilitator for this series will be Jack Hays. Lunch is available for \$6, payable at the door, but please reserve a lunch at [Lunch and Learn](#).

Couples and singles together

Act II Singles Book Study

Tues. September 29 7-9pm
MFLC Resource Center

The Act II Singles Book Study meets monthly on the last Tuesday of the month, 7:00-9:00pm, in the MFLC Resource Center. It is casual, with great discussion and fellowship. Newcomers are warmly welcomed. The September discussion will be about "The Wright Brothers" a book by Pulitzer Prize winner David McCullough. It tells the dramatic story-behind-the-story about the courageous Wilbur and Orville Wright brothers who taught the world how to fly.



For singles

Act II Celebrates Music and Dance

Ukulele Club

Thursdays, 10am in Wesleyan Room 203

Starting September 3rd

It's all about making you or someone happy. Just have fun making beautiful music!

Meet up with other beginners to strum and sing-a-long; learn along the way.



Tap Class

Tuesdays, 12:30 - 1:30pm in MFLC 305

Starting September 22nd

Love music, love to work out, and love to dance? Come to tap class and make music with your feet. We laugh and learn together, but you will be surprised at how much you will accomplish!

Beginner and low intermediate Levels

for couples and singles

Questions: Call Janet Hays at janeth@fumcwp.org or 407-644-2906 x257.

Upcoming Exciting Conference at Our Church

In association with the Beyond 50 Ministries of the Florida Annual Conference, we are hosting a conference entitled "Great Expectations ... for Boomers and Beyond." We hope that you will put this on your calendar and plan to attend as we welcome visitors from all over Florida and the Southeast US.

Great keynote speakers, author Missy Buchanan and *Growing Bolder's* Marc Middleton, plus 30+ breakout sessions.

Register now, Early Bird Discounts end Sept. 15th

October 22-24
2015

GREAT Expectations

for Boomers & Beyond

Find out what's next for those in the second half of life and their leaders! This statewide conference includes inspiring and entertaining keynote addresses from Missy Buchanan and Marc Middleton and more than 30 fun and informative breakout sessions. Don't miss *Great Expectations*—uniquely designed to encourage and engage boomers and beyond with passion and creativity!

Early Bird Rates extended to Sept 15th!

An event to focus on what's next for those in the second half of life and how to best address these needs.



Missy Buchanan



Marc Middleton

First United Methodist Church Winter Park
125 N. Interlachen Ave. Winter Park, FL 32789

For more information or to register for the conference go to greatexpectations.fumcwp.org

Click [HERE](#) to view the Great Expectations Facebook page -- "Like" it to follow it and share with friends.

" Sometimes age succeeds, sometimes it fails. It depends on you."
~Ravensara Noite

Social Networking & Act II Unite!

Like us on Facebook!!

Follow Act II on Facebook on its new Act II Facebook page.

We are very excited to embark on this journey and certainly hope you join us. Come on over and give our page a follow. We'll keep you updated on future happenings as well as past events.

Visit Us On Facebook

Please Note:

All couples and all singles, please come and enjoy every activity offered by Act II. However, a few events are planned especially for Act II Singles, as the ones noted as such in this newsletter.

Hope you can join us for one or more of these events.
If you have any questions, feel free to contact us.

Blessings,

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