



## Act II Community Newsletter

A Ministry for the 55+ Crowd  
November, 2017

### ***Act II...***

*is a community of those who are 55 years and older that celebrate this stage in life by pursuing passions, building new relationships, giving back to our community, absorbing new knowledge and growing in our faith in God through Jesus Christ.*

## Kickoff Luncheon Sun. Nov. 12

**Act II Fall Kickoff Luncheon**  
**Sun. Nov. 12th 12:15pm**  
**MFLC 313**



Join us for a belated (we're blaming Hurricane Irma) Fall Act II Kickoff Luncheon. Come hear about all the wonderful, inspiring, and stimulating Act II events scheduled for the next year. There will be great food by Randy Parsons, wonderful fellowship, interesting presentations on upcoming events and maybe even some surprise entertainment.

This will also be a time to invite friends to introduce them to the wonderful ministry we have for Act II. Lunch is on a donation basis, however please register at [Act II Luncheon](#) so we know how many are coming. All are welcome.

## **An Event For Women,**

## Hurry and Sign up

**Recipes for Gratitude - Mindful Living Class**  
**Women's Night Out**  
**Thurs. Nov. 2, 6-8pm**  
**Matthias Family Life 3rd Floor**  
**Register by 11pm today (Nov. 1st)**



Please join us for an evening of Mindfulness as we explore the look, smell, feel, sound and taste of Gratitude. We will begin with dinner and fellowship time. After, we will explore different ways to express Gratitude, including hands-on craft activities, ways to communicate Gratitude through our words, thoughts and actions, Mindful eating and explore how spending time in nature reminds us of God's Grace. We will end with a guided Meditation in Gratitude for our bodies and our church community.

Cost: Donations appreciated to cover dinner.  
 Register at [Recipes for Gratitude](#).

## Gathering Together in November

**First Friday Breakfast**  
**Fri. Nov. 3rd, 8:45am**  
**at The Canopy Cafe**  
**240 N Pennsylvania Ave**  
**in Winter Park**



Come and enjoy a special meal at our favorite place for breakfast. Join us at The Canopy Cafe. Great place for breakfast, sitting out on the patio with great fellowship. No reservation necessary.

**Thursday Night Dinner**  
**Nov. 16th, 6pm**  
**BurgerFi**  
**538 S. Park Ave, Winter Park**



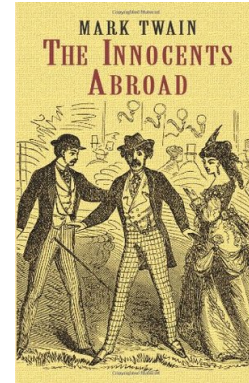
Come join Act II for an evening of great food and fellowship for Thursday night dinner, at arguably the best hamburger place in Winter Park. Hopefully it will be a nice evening to sit outside. No reservation necessary. Just show up and enjoy the evening.

***If you have tickets to the "Daddy Long Legs" at the Winter Park Playhouse that night, please join us beforehand. The musical starts at***

**7:30pm. Sorry, the musical is sold out, and we sold all of our 18 tickets.**

**Act II Book Club**  
**Tues. Nov. 28th, 7pm**  
**MFLC 2nd Floor Resource Center**

This month's discussion will be from the book "The Innocents Abroad" by Mark Twain. This is a travel book which humorously chronicles an excursion to Europe and the Holy Land on board a chartered vessel. It was the best-selling of Twain's works during his lifetime as well as one of the best-selling travel books of all time. All are welcome.



## Sharing Christmas is Back!



One of the most popular, successful, and meaningful service ministry at First UMC, Winter Park is back for another year for the Advent season - *Sharing Christmas*, sponsored by Act II. The past few years, our church has donated items for a special Christmas store so that those who are underprivileged can purchase Christmas gifts at heavily-reduced prices. However, the venue has changed. This year we are joining the Women of Hope Christmas Mall store at UP (United Against Poverty) Orlando, formerly Community Food and Outreach, held on Dec. 9th. We are asking our church community to donate toys, sporting goods, or board games for infants to 14 years old. No clothes. No books.

On Sun. Nov. 5th and 12th you can retrieve a donation bag from the courtyard. Look for the Christmas trees. On Nov. 19th, 26th and Dec 3rd, we will collect filled bags in the courtyard to deliver to UP Orlando on Mon. Dec. 4th.

We appreciate your support for this ministry to bring Christmas joy to many families in the Orlando area. For more information contact Crystal Bernard, Cong. Care Assistant at [crystalb@fumcwp.org](mailto:crystalb@fumcwp.org) or Laura Toshie, Missions and Outreach Coordinator at [laurat@fumcwp.org](mailto:laurat@fumcwp.org).

## Thanksgiving Senior Adult Luncheon



**Thanksgiving Senior Adult Luncheon**  
**Sun. Nov. 19th, noon**  
**MFLC Gym**  
**Free**

Come and be blessed as you enjoy this special feast, hosted by the Student Ministry of our church. This is an annual event that has always been a wonderful and joyful experience with plenty of great food. And one of the times where you don't mind being called a senior adult, because you get a free lunch.

Please register at [Thanksgiving Luncheon](#).

## Act II Serves

\* **Becky's Beads Ministry** The Becky's Beads Ministry has found a wonderful workshop home at the Oaks Apartments! Going forward, our regular monthly workshops will be held at the Oaks on the second Thursday of every month at 1:30 in the afternoon. Next scheduled workshop is Thursday, Nov. 9th. Please join us for this rewarding experience. Questions to Patricia Orr, [cporr139@gmail.com](mailto:cporr139@gmail.com).

\* The **Food Bank at Tuscowilla United Methodist Church** is closing its doors at the end of this year. Act II does not have any more service days scheduled. But if you would like to help on a Friday on your own, call the church at 407-699-8155. Thanks to Anita and Lou Williams for their years of coordinating the scheduling of this ministry for Act II. You are truly servants of Christ.

## The Joy of Ukulele-ing



Join the "Joy Uke" Club, a group from Act II who have found how fun and easy it is to play the ukulele. No experience necessary. The group meets on Wednesdays at 10am in the church parlor. For more information

contact Crystal Bernard, Cong. Care Assistant  
at [crystalb@fumcwp.org](mailto:crystalb@fumcwp.org).

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## Connect With Us on Facebook

**Like us on Facebook!!**

**Follow Act II on Facebook on its new Act II Facebook page.**

We are very excited to embark on this journey and certainly hope you join us. Come on over and give our page a follow. We'll keep you updated on future happenings as well as past events.

Hope you can join us for one or more of these events.  
If you have any questions, feel free to contact us.

Blessings,

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